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- The Inner Saboteur
 - The voice in your head questioning, “Who are you to do this, and why are you here?” and saying, “You don’t belong here,” is your inner saboteur.
 - Imposter syndrome is defined as feelings of inadequacy that persist despite evident success; a sense of intellectual fraudulence.
 - Some leaders are hard-wired for battle, while others feel reluctant and inadequate.
- Chosen to Lead [05:13]
 - You were chosen to lead for a reason.
 - Will you lead when you are invited to?
 - There are those who are looking for leadership, and there are those where leadership comes looking for you.
 - You are chosen to lead.
 - There is a mind shift that happens when you are chosen for something.
 - What are you missing out on, or who are you missing out on impacting, by not saying yes to leadership?
 - When leadership chooses you, you choose to lead.
 - When you do not feel like you are qualified, choose to lead.
- Leading in Crisis and Inconvenience [12:51]
 - Sometimes our best leaders are the ones who are hiding.
 - The crisis may cause you to fear, but you do not have permission to quit.
 - Your crisis does not dictate your capability, competency, or commitment.
 - Choose to lead when it is inconvenient.
- An Identity Shift [17:30]
 - When you know your identity, it moves you into action.
 - When you step into your calling, there are ripple effects you cannot imagine.
- Mighty Warriors [22:26]
 - If leadership is easy for you, invite the reluctant leaders around you to rise.
 - If you are a reluctant leader, you can boldly declare, “I am a chosen leader who is choosing to lead.”
 - We cannot change or control our surroundings, but we can honor the call upon our lives to lead.
 - The opposite of unqualified isn’t qualified. The opposite of qualified is chosen.